

Mawgan-in-Pydar C.P.

Emotional Health & Wellbeing - Criterion 5

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Healthy School Validation 2004

School Details and Context

Mawgan-in-Pydar is a rural village primary school situated in the centre of St. Mawgan, next to the village green and the River Menalhyl. There are approximately 120 children on roll, with children attending the school from a wide catchment area, which includes Newquay.

How was the need identified?

Following the initial audit a committee was formed who met and discussed the results; they also took responsibility for promoting the scheme throughout the school. The committee decided to focus on

Chosen Criteria

Criterion 5, Emotional Health & Wellbeing

Steps taken to meet the criteria

An Action Plan was formulated which identified the key areas for development. This included reviewing the Behaviour Policy and developing a new rewards and sanctions scheme. The new system incorporated a visual way of using 'suns and clouds' to remind the children to behave well. Each class in the school had a set of *suns*, *white clouds*, and *dark clouds* placed in a prominent position, every child in the class had their name written on a peg and this was placed on the *sun*. A child would have their peg removed from the *sun* and the *white cloud* if their behaviour did not improve after a warning. If the child then behaved well for the remainder of the session the peg would return to the *sun*. However if their behaviour did not improve the peg would be moved to the *dark cloud*, this would result in a 5 minutes loss of playtime and would be logged in a book. If this occurred three times week, a letter would be sent to parents asking them to discuss the matter with the head teacher.

Alongside this a *Gold Card* rewards system was introduced, as well as Teacher Certificates, which are presented to the children during the weekly celebration assembly. In addition to these, *Yellow letters* are sent home for families to share the child's achievement.

After discussions with the School Council, a *Playground Buddy* system was also introduced in the Key Stage 1 playground.

Other measures taken included:-

- The introduction of fresh water for the pupils and staff.
- Raising awareness of, and the improvements to, levels of fitness, including participating in National Campaign's.
- The creation and implementation of a *Forest School's* programme for the Key Stage 1 children.
- Additional training for school staff, as well as workshops for parent and carers.
- Community events such as the 'Cornish Farmhouse Breakfast', held at school for the children, families and the local community.
- A fully revised PHSE programme across the school.
- A weekly newsletter home, including a section for 'Healthy Schools'.

Who was involved in the process?

The scheme encourages the involvement of the whole school community, and each of these groups was represented on the steering committee. This committee met at regular intervals to review and assess progress, as well as to plan further actions.

Outcomes/impact on pupils and the wider community

The implementation of the rewards and sanctions scheme has been well received by pupils, staff and parents. The use of '*Suns and Clouds*' has resulted in low-level disruption during lesson time being kept to a minimum., and gives the pupils an opportunity to improve their behaviour.

In addition all the pupils enjoy working towards receiving a Gold Card or a certificate to take home.

The Buddy Scheme has worked well in the Key Stage 1 playground. It has increased the self-esteem of the children who are selected as *Buddies* and gives these pupils an opportunity to demonstrate how responsibly they can behave, when supporting the playground assistants.

The other initiatives undertaken have all had a positive impact raising pupil's self-esteem and we are currently continuing our work, to provide the children with an exciting, stimulating and happy education, so that they may develop and achieve their full potential.